



The Scribe

St. Paul UCC

144 E Palatine Road, Palatine IL 60067

(847) 358-0399 www.stpaul-ucc.org

May 2018 Edition

est. 1871

Monthly
Newsletter

Pastor's Pen...

It sounds like a cliché, but just the other day someone remarked at how fast the year is going by. With this issue of the *Scribe*, 2018 is one month away from the halfway point. It's the month of May, and just around the corner are Memorial Day, the Fourth of July, and the hazy days of summer.

For people who like to be in control, this can be both frightening and aggravating. It's as if Father Time's refusal to defer to our agenda robs us of the sovereignty we feel we're entitled to. Our personal empire gradually diminishes with the turning of each calendar page, especially as we age.

For those who have made their peace with God, however, the rapidity of time's passage can take the opposite effect. It can remind us that we are drawing ever closer to God's Kingdom and the realization of our salvation (Luke 21:25-28, Hebrews 10:23-25, 1 Peter 1:3-9).

God is the Author of time, and as such, God is the one around whom our lives should move. We aren't in control, but God is. As scary as aging and rapid time movement can be, they pale in comparison to the goodness of God. God is the One who has a hold of us, and God is the One in whom we may rest and place our trust.

God is good! Don't be afraid.

Pastor David



St. Paul UCC Executive Board Members: Sharon Altergott (Spiritual Life Board Rep.), Kim Cichon, Randy Everett (Admin. Board Rep.), Kim Ferris, David Freeman, Arlene Kraus (Spiritual Life Board Rep.), David Mercer (Staff Rep), Chuck Oberly (Admin. Board Rep), and Karen Wagner.



Pastoral visitation is available to those who are hospitalized, temporarily laid up at home, or going through rehab at a facility. Because hospitals and other institutions do not notify the church when a patient is admitted, we need for you or your family member to notify us. We will be more than happy to accommodate your request for pastoral care. Please note also that the pastor may be reached for emergencies at

[\(847\) 445-7248](tel:8474457248) (cell phone).

Pastor David's procedure in visiting St. Paul's shut-ins, as well as, those members who have a difficult time getting to church is to offer support, bring Holy Communion (their option) and to let them know we journey together in worship. Pastor David understands that scheduling may depend on frequency of doctor's appointments or the church member's schedule. Visitation is always available, however, as the shut-in member's health and life situation may change and more extensive pastoral care is needed. Any church member or their family member desiring more frequent pastoral visitation, or to be placed on the visitation list in the first place should contact the church office at [\(847\)-358-0399](tel:8473580399) to make arrangements.

"Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord." (James 5:14)



The Pastoral Relations Committee Is Available To You!

Do you have an idea, a question, a comment, or a concern that you would like for Pastor David to know about? You have a couple of options available to you. First, you may speak directly with the pastor. Our pastor is here for ALL of St. Paul's members and he welcomes communication from ALL members. If you aren't comfortable in speaking directly with the pastor, however, then your second option is to go through the Pastoral Relations Committee. Their purpose is to foster good relations between pastor and parish through open and thoughtful communication.

St. Paul's Pastoral Relations Committee members are: Debbie Everett (Chair); Bob Kolze; Joyce Mah; Melissa Gumm; Mary Doktor; and Tom Donat.



From the Treasurer...St. Paul at a Glance

	March 2018	YTD	BUDGET
Revenue	22,088.93	172,564.87	258,890.00
Expenditure	26,208.34	16,116.34	277,188.00
Net Income	-4,119.41	6448.53	-18,298.00



THE BOX

When I first started researching St. Paul's Church history, I found a small cardboard drawer box as shown in the photo. This is the History of St. Paul. You ask why is this? Because it is what makes up our church - - - The People - - - The Members.

These cards are typed (not on a computer or even an electric typewriter) and categorized by Baptism, Confirmation, Marriage, and Funeral. Some of the birthdates I have read so far are dated in the 1860's. I'm going to be putting some of these on the bulletin board in the hallway in the future. You will probably recognize some the last names of ancestors of recent members.



The 150th Anniversary of St. Paul in 2021 will come sooner than we think. Time seems to go faster these days, so we have begun the process of preparing for a celebration of this milestone.

We are hoping everyone will consider this a fun and exciting event and not a chore.

We are in the "**THINKING**" phase which will take a while. This phase is gathering data from the congregation to see how we want to celebrate. So in the next few months I will submit to the entire congregation a list of ideas and suggestions in the Scribe and Bulletin of how we can celebrate, and ask that everyone add any more ideas and thoughts to be considered.

The next phase will be the "**PLANNING**" phase where we will form a committee.

From the Health Committee...

Fitness has a positive impact on children's learning.

A new study has found that children who were the most physically fit scored significantly higher than the less fit group in memory exercises.



“One of the biggest reasons children have difficulty learning is due to a lack of concentration in the classroom,” says Dr. Joshua Alpert, Orthopedic Surgeon on the Medical Staff at Advocate Sherman Hospital in Elgin. “Physical activity helps them to release some of that built-up energy and reduces the monotony of sitting in class so they can more easily concentrate.”

How can you include time for exercise and physical activity in all of your programs for children? How can you celebrate their bodies and help them learn that moving their bodies is an important part of their spiritual lives?

A critical part of helping kids be active is doing the activity alongside them. So as adults, we are not off the hook! Keeping our kids healthy can help us, too!



Take Steps to Improve Memory

Exercise is key to mental health for older adults who are striving to remain independent and active. Older adults who walk or jog perform better on memory tasks than those who are more sedentary, according to researchers from Boston University.

The results showed that older adults who took more steps per day had better memory performance, including long-term memory.

The Boston University research showed that physical fitness benefits cognitive health or mental capabilities used to think, talk, learn, read and recall things from memory.

To maintain and improve brain health in older adults, Sue Durkin, geriatric advanced practice nurse at Advocate Good Samaritan Hospital in Downers Grove, says, “Our bodies were made to move. Many of these basic approaches to maintaining health and function can help sustain a satisfying quality of life.”

Prayer: *We are grateful, God, for the miracle of our bodies. We can move, we can stretch, we can flex! May we pass on this joy in our bodies to our children so that they may be healthy, happy and whole. Amen.*

We are excited to introduce you to our newest St. Paul members, Gary, Christina and Jorie Guenther.

The Guenther family has lived in the area for about 9 years. They have one cat Coolie, one fancy rat Tiana, and two beta fish, Mr. Sparkles and Tempest. The Guenther family is always busy. Gary likes to fish and being a dad. Christina likes crafting, singing and being a mom. Daughter Jorie likes Art and Nature. They all enjoy Disney, the zoo and museums. They are always out for adventure, love nature and enjoy various discoveries as a family.



The Guenthers are glad to become a part of St. Paul and to travel their faith journey as a family here, as they love the warmth, learning, and caring environment of St. Paul.

Welcome Guenther Family!



ACTS OF KINDNESS - MANNA BAGS

You see them standing on the corner with a cardboard sign that reads “Hungry, Please Help.” And perhaps you are hesitant to give them money, but you really would like to help in some way. A great solution is to hand them the manna bag you keep handy in your car.

The word manna means “what is it” which is exactly what the Israelites asked when God showered them with food in the desert during their flight from Egypt. Manna was God’s provision in the wilderness.

Manna Bags are a way to offer provisions to those in need, specifically to homeless people living in their own wilderness, the streets. We assembled 102 of these bags, thanks to your generous donations. Please take one to keep in your car, and hand them out with a smile and love.

*Thank you once again to all who helped in the kitchen and made another
Easter Pancake Breakfast a success!
We would like to also welcome a new St Paul Flipper, Jasiel Garcia!
(and apparently a good “photoshopper” too, as you will see below)*

Dave Gumm, our fabulous Sausage Cook



*Mark Faust & Jasiel Garcia, our official
Pancake Makers and Flippers*



Ed Doktor, our Breakfast Coordinator



*This is taking
flipping to a
whole new
level!*



*And apparently Dave
was preparing a
turkey for later
that day....*





May birthdays

3 Sharon Khan	23 Amanda Graham
3 Cassie Kerlin	23 Shirley Schimka
4 Wilhelm Strohmeier	25 Sandy Chesny
4 David Gumm	26 Mary Faust
9 Afif Rahman, <i>Compassion Int'l Sponsored Child</i>	
11 Bev Young	28 Bill Davenport
14 Dawn Drost	
15 Amanda Faust	
16 Safiatou Djihuemde, <i>Compassion Int'l Sponsored Child</i>	
20 Tammy Bolf	

If there is anyone I missed, please call the church office, so we can update our records. Thank you!

Your help is needed...

....We are in need of **ONE** member on the Administrative Board.

So close!

... We are in need of an additional member on the Southside Cemetery Committee. If interested, please see Randy Everett.

....We are in need of coffee hour hosts. Please see the sign up sheet in Fellowship Hall or call the church office. It's nice to share a cup of coffee during fellowship at St. Paul. Thank you!

SAVE THE DATE! Arrangements have been made to tour the Lizzadro Museum of Lapidary Art on Thursday, June 14th at 11am. They are located at 220 Cottage Hill, Wilder Park, Elmhurst. 630-833-1616. Admission is \$4 Seniors over 60; \$5 under 60. Car pools will be arranged, we will meet in the west parking lot at 10am. Location for lunch to be announced at a later date. Sign up sheet will be posted starting Sunday, May 20th. Thank you!

Christian Education Corner
May 2018



It is hard to believe, Pentecost is almost upon us. On Pentecost we celebrate the power of the Holy Spirit in creation and in us. The Spirit of God transforms us, empowers us, guides us, sustains us, and gives us hope when we think all is lost. We are all touched by the wind and flame of the spirit when we are moved to tears by a play or a book or the smile of a child, when we listen to music that touches our souls or we hear the pure laughter of a little child, or when a friend or a little child takes our hand and shows us that love is action and not just a cozy feeling. Each and every one of us has our own way of experiencing the Holy Spirit. As a community we share those experiences and it makes us who we are.

Here in the Church School any number of experiences can bring you to tears or laughter each and every Sunday. Both Holly and I are enjoying every minute with your children. Pentecost will be the last day of our formal Church School for this year. (Formal Church School will begin again on September 9th.) We will be celebrating our last day in church and in the Church School room. I hope that all the children and parents will be present that day.

While formal Church School will end, the nursery will remain open and there will be lessons every week as there were last year. Holly will be in charge of the Nursery program and there will be a helper for the room. I will be here, more often in church than back here in the Church School.

In July we will be having Vacation Bible School on a Friday night and Saturday morning. This is a short time, however, it seems to fit the children that we have and the ages. There will be more details on this in the coming weeks.

If you have any questions about any of the above, please do not hesitate to contact me at my email: bonnh53@yahoo.com, or by phone: 224-595-6807. Thank you for all your support throughout this year!

Miss Bonnie

Women's FELLOWSHIP

**On Saturday May 12, the ladies will be making more fleece blankets.
If you would like to join the ladies, they will be meeting in Fellowship Hall
at 10am. Please bring a sack lunch.**

A Ladies Tea was held in Fellowship Hall on April 14th. A great time was had by all!





PRAYERS FOR OUR COMMUNITY OF FAMILY AND FRIENDS

This week please pray for

Dorothy Altergott
 Rick Bartells, friend of Kim Cichon
 Ed Bartelt, friend of Charlotte Mally
 Ben Belmonte, great-nephew of Ken & Shirley Kolze
 Eva Bori
 Flo Dailey, friends of Charlotte Mally
 Giovanni Durante & family, friends of Dawn Drost
 Kendall Eich
 Eva, Tuesday Breakfast Group's friend at Café 14
 Andi Gahlin, fiancé of Mike Drost
 Judy Haimbaugh, sister of Gloria Helms
 Pat Harris, friend of Sandy Gumm
 Rick Hasselmann, brother of Shirley Schimka
 Leo Michael Hayford, grandson of Linda & Ralph Hayford
 Carol Hennings, sister of Pat Kolze
 Larry Herron, friend of Bob & Pat Kolze
 Bill Houldsworth, husband of Laurie Houldsworth
 Susan Kazmierczak, niece of Dawn Drost
 Barb Kerlin, mother of Bruce Kerlin
 Ron Klages, father of Dawn Drost
 Nancy Kocher, friend of Dawn Drost
 Laura Krause, daughter of Sharon Krause
 Michelle Labonar
 Charles Leseberg, brother of Mary Ann Leseberg
 Cathy McMillion, friend of Karen Wagner
 Dorothy Mende, sister of Charlotte Mally
 Debra Radloff Mican, cousin of Dawn Drost
 Ron & Paulette Mohr, uncle & aunt of Kim Ferris & Karen Wagner
 Maryann Ostrem, friend of Arlene Kraus
 Marilyn Paolisso, aunt of Bruce Kerlin
 Margaret Perrone, mother of Cathy Bradley
 Jerry Parsons, friend of Sandy & Dave Gumm
 Jody Peterson, daughter of Lynn & Phil Arnold
 Geri Rogers, sister of Pat Kolze
 Blanche Schug
 Sherry Stephens, sister of Shirley Ann Kolze
 Tom, cousin of Kim and Karen
 Fran Werner, sister-in-law of Sharon Florey

SERVING CHRIST IN WORSHIP

Greeters for May:

6: Fred Welstead
13: Sandy & David Gumm
20: Kathi & Jim Wotal
27: Jackie Schultz

Nursery Attendants for May:

Holly Chvoy

Usher Captain for May:

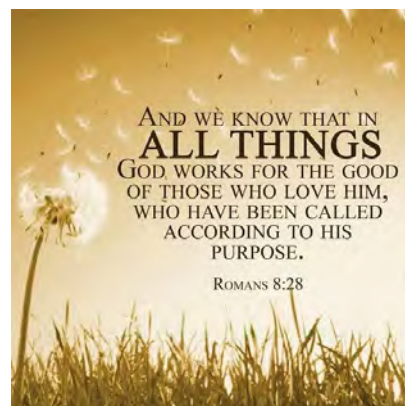
Jim Frost

Lectionary Readers for May:

6: Kris Freeman
13: Sandy Gumm
20: Roseann Stenzel
27: Melissa Gumm

Lectionary for May:

6: Acts 10:44-48; Psalm 98; 1 John 5:1-6; John 15:9-17.
13: Acts 1:15-17,21-26; Psalm 1; 1 John 5:9-13; John 17:6-19.
20: Acts 2:1-21; Ezek 37:1-14; Psalm 104:24-34; Romans 8:22-27; Acts 2:1-21; John 15:26-27;16:4b-15.
27: Isa 6:1-8; Psalm 29; Romans 8:12-17; John 3:1-17.





When it comes to end-of-life issues many people consult with their attorney in matters of estate, and a funeral director in matters of burial. Surprisingly however, very few people ever meet with their pastor in order to plan their actual funeral service ahead of time.

There are significant advantages to doing so! Sitting down with your pastor and going over what you would like to have included in your own funeral keeps the power of choice in your own hands, as opposed to leaving it up to your surviving family members. For instance, maybe you have preferences about scripture readings, or hymns, or even what you would like for the officiant to say or not say during the service.

Maybe you have ideas about things such as eulogies shared by family and friends, or some type of ritual that you would like to have observed during the service. These things may all be discussed when you meet with your pastor.

The writer of Ecclesiastes rightly noted that no one among us holds absolute power to hold back their own death (Ecclesiastes 8:8). As sobering as this is, you still have some say in things when you choose to plan ahead. It also allows you to plan a meaningful service which will facilitate grief in a healthy way for those you love.

Pastor David is available to meet with you if you would like to learn more, or to get started. Call the church office (847)-358-0399 or email pastor@stpaul-ucc.org to schedule an appointment.



The Summer Suppers program serves those in need a good meal during the months of May through September. St. Paul will be partnering with St. Theresa in the program again this summer. This is an excellent opportunity for us to put the words of Mathew 25, verse 35 in to action; “for I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me”.

There are a variety of ways in which you can help:

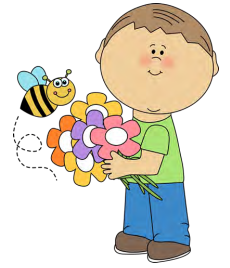
- Purchase food items and have them at St. Paul by noon on the day of the supper.
- Prepare food either at home or at St. Paul. Deliver the food to St. Paul or St. Theresa.
- Greet and sign in guests as they arrive for dinner. Assist them in finding the restrooms, etc.
- Assist guests with “to go” items.
- Dine with guests and engage them in conversation.
- Set up and serve the meal, and clean up afterwards.
- Bring leftovers from St. Paul to Journeys on the following Monday.

The dates for these suppers will be May 11, June 8, July 13, August 10 and September 14. A sign-up sheet is located in Fellowship Hall.

“Truly, I say to you, as you did it to one of the least of these my brethren, you did it to me”



Spring Word Search



K	L	S	O	I	L	L	I	R	P	A	D	U	O	L	C	R	R
I	D	T	C	E	S	N	I	O	S	H	O	V	E	L	G	A	L
T	P	R	G	O	F	W	O	R	M	Z	S	W	D	N	L	H	G
E	B	U	A	R	E	W	O	H	S	T	A	E	I	L	T	V	A
B	E	L	D	I	X	P	F	T	O	H	E	R	I	R	W	X	R
I	B	W	O	D	N	H	I	O	T	S	P	P	A	P	S	M	D
R	R	A	V	O	L	C	R	C	W	S	R	E	K	L	E	A	E
D	L	R	I	W	M	E	O	O	N	E	F	C	L	A	A	R	N
E	E	M	O	M	A	Y	B	A	T	I	I	C	F	N	S	C	G
N	A	B	L	L	Y	N	R	A	T	H	C	S	L	T	O	H	R
E	F	U	E	I	I	E	C	S	C	D	I	G	P	I	N	J	O
S	F	T	T	A	T	H	A	T	C	H	P	W	S	R	L	R	W
T	R	T	R	A	W	D	A	F	F	O	D	I	L	T	O	A	K
U	X	E	W	J	I	S	U	N	S	H	I	N	E	W	O	U	C
I	K	R	L	G	N	S	F	R	A	I	N	Y	E	O	E	R	T
Z	C	F	K	X	D	Q	A	P	I	L	U	T	X	G	E	E	M
M	C	L	M	E	T	S	L	L	A	B	E	S	A	B	G	Q	D
O	M	Y	F	L	O	W	E	R	G	A	L	L	E	R	B	M	U

April baseball bird bloom butterfly caterpillar chick cloud
 daffodil dig earth egg flower fog garden grow hatch
 insect kite leaf lilac March May nest picnic plant
 puddle rainbow raincoat rainy roots season seed shovel
 shower soil spring sprout stem storm sunshine thaw
 tulip umbrella violet warm water weed wind worm