



The Scribe

St. Paul UCC

144 E Palatine Road, Palatine IL 60067

(847) 358-0399 www.stpaul-ucc.org

February 2019 Edition

est. 1871

Monthly
Newsletter

Pastor's Pen...

Known as Black History Month, February is a reminder to us of the contributions of black Americans during the course of our nation's history. For most of us, the reminders only go back as far as Martin Luther King Jr., and his work in the civil rights movement of the 1960's. In truth, however, there are many more black Americans going back further who have done even more to advance society and to bring us some of the things that we take for granted today. For instance, I can remember from a very early age being taught about George Washington Carver and how his scientific research has developed some of the creature comforts that we enjoy today. I also remember hearing about Frederick Douglass and his work in the abolitionist movement.

There are, however, those voices that lament the very idea of having a Black History Month, arguing that we can't attain a post-racial society until we stop singling out certain races. Their point should be well-taken, and I would also offer that the current western impulse to label some people as "racist" is every bit unhelpful as it is unfounded. With that being said, though, I would say that Black History Month is still needed. It is needed because knowledge of history itself, is needed. President William Howard Taft once said: *"Their ancestors came here years ago against their will; and now this is their only country and their only flag. They have shown themselves anxious to live for it, and to die for it."* We should never forget this.

Yes, there are issues in the black community.....but there are issues in the community of every race and ethnicity. Yes, there is the matter of NFL players taking a knee.....but I have personally stood in the ranks next to black Americans who find such displays offensive, and who fit the description of them given by President Taft. This month of February we celebrate Black History not because we want to impose guilt for the wrongs of the past, but rather because we want to highlight all of the right things that were done. For Christians, this should matter because we believe that all people are created in the Image of God and therefore are capable of producing God-like qualities and behaviors. Black History Month is used for featuring that.

Pastor David



St. Paul UCC Executive Board Members: Sharon Altergott (Spiritual Life Board Rep.), Kim Cichon, Randy Everett (Admin. Board Rep.), Kim Ferris, David Freeman, Arlene Kraus (Spiritual Life Board Rep.), David Mercer (Staff Rep), Chuck Oberly (Admin. Board Rep), and Karen Wagner.



Pastoral visitation is available to those who are hospitalized, temporarily laid up at home, or going through rehab at a facility. Because hospitals and other institutions do not notify the church when a patient is admitted, we need for you or your family member to notify us. We will be more than happy to accommodate your request for pastoral care. Please note also that the pastor may be reached for emergencies at

(224) 386-6285 (cell phone).

Pastor David's procedure in visiting St. Paul's shut-ins, as well as, those members who have a difficult time getting to church is to offer support, bring Holy Communion (their option) and to let them know we journey together in worship. Pastor David understands that scheduling may depend on frequency of doctor's appointments or the church member's schedule. Visitation is always available, however, as the shut-in member's health and life situation may change and more extensive pastoral care is needed. Any church member or their family member desiring more frequent pastoral visitation, or to be placed on the visitation list in the first place should contact the church office at (847)-358-0399 to make arrangements.

"Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord." (James 5:14)



The Pastoral Relations Committee Is Available To You!

Do you have an idea, a question, a comment, or a concern that you would like for Pastor David to know about? You have a couple of options available to you. First, you may speak directly with the pastor. Our pastor is here for ALL of St. Paul's members and he welcomes communication from ALL members. If you aren't comfortable in speaking directly with the pastor, however, then your second option is to go through the Pastoral Relations Committee. Their purpose is to foster good relations between pastor and parish through open and thoughtful

communication.

St. Paul's Pastoral Relations Committee members are: Debbie Everett (Chair); Dolly Chamberlin, Mary Doktor, Tom Donat, Bob Kolze, and Joyce Mah,



From the Treasurer...St. Paul at a Glance

	December 2018	YTD	BUDGET
Revenue	25,939.46	102,304.60	273,100.00
Expenditure	24,693.79	92,138.86	287,913.00
Net Income	1,245.67	10,165.74	-14,813.00

From the Archives...



Camp Fire Girls

The Camp Fire Girls meeting at St. Paul's Church started the year 1961-1962 with a Father-Daughter Breakfast Cook-Out October 7. November they had a swimming party at the YMCA in Mt. Prospect and December did caroling in the village and back to St. Paul's for their Christmas Party. March 18th was the 52nd birthday of Camp Fire and it was this Sunday that many of the girls went to church in their ceremonial costumes.

In the afternoon a Mother-Daughter Tea was held in Fellowship Hall. April was their annual candy sale which was a great success thanks to everyone who bought candy at this their only money making project of the year. For their service projects this year they made many tray favors on different holidays for the nursing homes in Palatine. They closed their year with a beautiful ceremony at Camp Alphonse at which time the girls received their honor beads they had earned through the year.



CPR AND AED REVIEW



On Feb. 17th Rose Jensen will be here to provide a CPR and AED review. Rose, a nurse from Northwest Community Hospital, was here for our last CPR review. She will bring the manikins so we can actually practice our skills. It is recommended that we have a review every two years. Since CPR is a skill that we don't use everyday, a review can keep us updated on new techniques and help us to be keep ready to respond to an emergency. Please consider joining us for the review even if you think you can't physically perform the skill. In case of an actual emergency one might be able to relay the information to another person or actually do it. We will have tables available so that you won't have to kneel on the floor. You can also opt to just watch the video which will be provided.



Please wear comfortable clothes. We will be meeting in the conference room after the service. Keeping the congregation up to date on emergency procedures is part of our Emergency Operations Plan. Knowing CPR and how to use the AED can help save lives. Sign up on the health committee bulletin board.

Just for Fun, Get Together

Again this year, we will be resuming the monthly evening out at the Tap House Grill 56 W. Wilson, Palatine, which proved to be enjoyable by all who have attended in the past.

The remaining dates for 2019 are:

Thursday, February 21st 6:30 pm to 8:30 pm

Tuesday, March 19th 6:30 pm to 8:30 pm

Please consider joining a wonderful evening of fellowship. Sign up sheets will be posted in Fellowship Hall before each event.



Women's Fellowship will be meeting on Saturday, February 9th at 10:30am. Our program will be presented by Kimberly Gorski, an accomplished seamstress. As a 30 year member of the Smocking Arts Guild of America, she will tell us about the Wee Care Gowns made by Guild members for christening and burials for new born infants.

She has studied with Gail Doane, an expert in children's wear. Last summer she took 2 weeks of classes at the Paris American Academy with teachers who were retired atelier seamstresses who worked in the fashion houses of Paris. She is a member of the Haute Couture Club of Chicago. For 18 years she has made costumes for the Main South High School musical. She has created many garments for family members.

She will bring samples of her various projects for you to see, and you will be amazed. Guests are welcome.



February Birthdays

2 Gene Morgan	5 Justin Everett	6 Courtney Conrad
6 Brandon Doktor	7 Ellen Graham	8 Agnes Warren
11 Marty Kennelly Jr	14 Ellen Magee	14 Tim Doktor
19 Shirley Kolze	19 Lynn Arnold	23 Lyman Walter
24 Donna Bochat	25 Nancy Perry	26 Lois Roesner
27 Bradley Gillette		

*If there is anyone I missed, please call the church office,
so we can update our records. Thank you!*



Allison Moseler, daughter of Natalie Moseler and granddaughter of Gene & Kirsten Morgan, was baptized at St. Paul UCC on Sunday, January 20th.



Britly & Marco Barton welcomed their son, Luca, on November 27th weighing in at 9lbs 4 oz!

Welcome Baby Barton and Congrats to Mommy & Daddy Barton!



Christian Education Corner February 2019



Sitting down to write my scribe article always puts me in a state of contemplation. I want to say something meaningful. Interestingly enough, February usually means thinking about the beginning of Lent. This year, I actually have the opportunity to say something about the heart. As I thought more about hearts, I thought of the hearts of all my kids in church school and thought that I would share with you what I see in their hearts right now and what I hope they will be in the future.

Evan D. -- When I listen to Evan, I hear the voices of Doris Kearns Goodwin and Michael Beschloss. We have a historian in the making. His heart is pure gold. He feels everything deeply. His passion is boundless.

AJ – When I listen to AJ, I hear the words of a Nobel Prize winning scientist. His knowledge is vast for his age and his desire to discover new things makes him not only interesting, it makes me look forward to seeing what he becomes. AJ has a caring heart, he looks out for his brother and for the other kids.

Evan – Humor is the first word that comes to mind. Not the clowning around kind of humor. The kind where we are all supposed to be *“fools for Christ.”* We all need humor in our lives. True laughter at ourselves, so that we don’t forget who we are in the midst of crisis and stress every day. Evan is going to be that person who brings hope to anyone willing to listen.

Jorie – Jorie is going to be a designer or an architect/artist. She has the most creative ideas and knows how to make them work. Her loving spirit shows in whatever she does from the big hugs to the little smiles. She is willing to help everyone. Her heart is evident when she sings. The beautiful tones of a songbird are in heart.

Devyn – Devyn is young. Yet in her eyes, I see Helen Reddy and hear the words, *I am woman hear me roar!* She is independent and sassy. She loves puppets and she loves to smile when she thinks you aren’t looking. Her heart screams, watch me. I am going places, follow me and I will show you home.

Drea – Compassionate, empathetic Drea. Her heart is so open to the pain and joy in others that she seems to know who needs her tender spirit. She shares with everyone and when she opens her mouth, angels sing.

Allison – Allison is new to church school. In the few weeks that I have known her, she is sparkly. She is like a fizzy soda. Her effervescence is catching. She will lead the way through rain puddles as long as her dress doesn’t get dirty.

Aiden – Aiden is new to church school as well. He is meticulous with his hands. He wants everything to work perfectly. The heart of those who have that *“orderly gene,”* is often filled with the desire to make the world a better place through the peace corps or even Doctors without Borders. Watching him grow into himself will be wild, you can count on it.

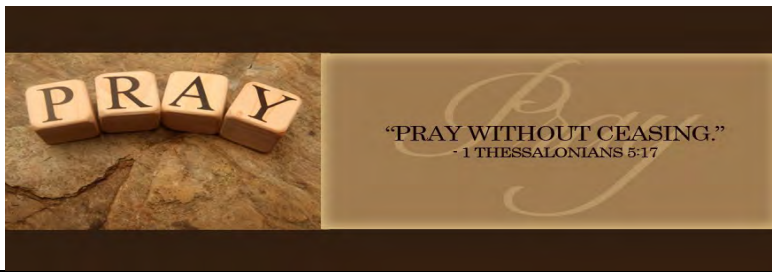
CJ – CJ is beauty personified. If I could take a sunflower and make it into a person it would be CJ. She can make you melt with that smile. She just spreads joy. She lights up a room and when I think back to how shy she was when she began coming to church school, she is hardly the same child. Anyone who can bring joy to a world that is dark with despair is a child who will become like Mother Theresa. CJ will grow wherever she is planted.

Roger – Roger our little linguist. He already speaks English, Korean, now he is learning German. He is fascinated by helicopters. I know with all my heart that Roger is going to bring something special to the world. He is not afraid to show affection and he loves to fly kites. He is going to fly somewhere high, the United Nations may be calling him some day.

I think I can speak for Holly when I say that both of us are blessed to have each one of these children in our care. We love each and every one of them for who they are. May you find in your own heart the possibilities of your life, today, tomorrow and every day that God blesses you with.

In Christ’s Love,
Bonnie





PRAYERS FOR OUR COMMUNITY OF FAMILY AND FRIENDS

Rick Bartells, friend of Kim Cichon
 Ed Bartelt, friend of Charlotte Mally
 Cathy Bradley
 Barb Burget, daughter of Agnes Warren
 Kathleen Butler, friend of Margie & Chuck Anderson
 Flo Dailey, friend of Charlotte Mally
 Tom Edelman, friend of the Kerlin family
 Kendall Eich
 Eva, Tuesday Breakfast Group's friend at Café 14
 Andi Gahlin, fiancé of Mike Drost
 Kyra Graham
 Judy Haimbaugh, sister of Gloria Helms
 Rick Hasselmann, brother of Shirley Schimka
 Michael Hayford
 Carol Hennings, sister of Pat Kolze
 Larry Herron, friend of Bob & Pat Kolze
 Bill Houldsworth, husband of Laurie Houldsworth
 Muriel Kaage, sister of Dee Langguth & Arlene Kraus
 Barb Kerlin, mother of Bruce Kerlin
 Tracy Kerlin
 Jean Kolze
 Ken Kolze
 Laura Krause, daughter of Sharon Krause
 Charles Leseberg, brother of Mary Ann Leseberg
 Tracy Mack, sister-in-law of Ellen Graham
 Cathy McMillion, friend of Karen Wagner
 Dorothy Mende & Bernice Skach, sisters of Charlotte Mally
 Debra Radloff Mican, cousin of Dawn Drost
 Ron & Paulette Mohr, uncle & aunt of Kim Ferris & Karen Wagner
 Maryann Ostrem, friend of Arlene Kraus
 Marilyn Paolisso, aunt of Bruce Kerlin
 Jerry Parsons, friend of Sandy & Dave Gumm
 Jody Peterson, daughter of Lynn & Phil Arnold
 Jim Rees, friend of Jackie Schultze
 Geri Rogers, sister of Pat Kolze
 Blanche Schug
 Les Stephens, brother-in-law of Shirley & Ken Kolze
 Sherry Stephens, sister of Shirley Ann Kolze
 Fran Werner, sister-in-law of Sharon Florey
 Ken Wong, friend of Karen Wagner

SERVING CHRIST IN WORSHIP

Greeters for February:

3: Dave & Sandy Gumm
10: Gloria Helms
17: Bob & Pat Kolze
24: John & Marla Beresheim

Nursery Attendants for February:

Holly Chvoy

Usher Captain for February:

Randy Everett

Lectionary Readers for February:

3: *Reader Needed—call church office*

10: Sandy Gumm

17: Roseann Stenzel

24: Tom Donat

Lectionary for February:

3: Jer 1:4-10; Psalm 71:1-6; 1 Cor 13:1-13; Luke 4:21-30.

10: Isa 6:1-13; Psalm 138; 1 Cor 15:1-11; Luke 5:1-11.

17: Jer 17:5-10; Psalm 1; 1 Cr 15:12-20; Luke 6:17-26.

24: Gen 45:3-11,15; Psalm 37:1-11,39-40; 1 Cor 15:35-38,42-50; Luke 6:27-38.





When it comes to end-of-life issues many people consult with their attorney in matters of estate, and a funeral director in matters of burial. Surprisingly however, very few people ever meet with their pastor in order to plan their actual funeral service ahead of time.

There are significant advantages to doing so! Sitting down with your pastor and going over what you would like to have included in your own funeral keeps the power of choice in your own hands, as opposed to leaving it up to your surviving family members. For instance, maybe you have preferences about scripture readings, or hymns, or even what you would like for the officiant to say or not say during the service.

Maybe you have ideas about things such as eulogies shared by family and friends, or some type of ritual that you would like to have observed during the service. These things may all be discussed when you meet with your pastor.

The writer of Ecclesiastes rightly noted that no one among us holds absolute power to hold back their own death (Ecclesiastes 8:8). As sobering as this is, you still have some say in things when you choose to plan ahead. It also allows you to plan a meaningful service which will facilitate grief in a healthy way for those you love.

Pastor David is available to meet with you if you would like to learn more, or to get started. Call the church office (847)-358-0399 or email pastor@stpaul-ucc.org to schedule an appointment.



Care Packs - Health Committee

If your child has had an address change since our last mailing, please let us know the new address ASAP. We will be sending packs out in early February. Thanks, Jackie

Ph: 847-995-1539 or jacquelyn_s_60173@yahoo.com.



4 Flu Shot Myths

Myth #1: You can get the flu from the flu shot

Fact: A flu shot cannot give you the flu!

Flu vaccines that you get with a shot are made from inactive flu virus or without any virus at all, so they cannot give you flu. You may have get a runny nose or some body aches, but this is not the flu. It's a good sign that your body is doing what it is supposed to be doing—building up a defense against a possible attack. If you get sick with the flu, the virus was already in you and you would have gotten the flu with or without the vaccine.

Myth #2: You cannot get the flu if you get a flu shot.

Fact: There are hundreds of viruses that cause influenza.

The manufacturers only produce vaccine for 3-4 of the strains of virus that are out there based on what they know about which strains might be most active. So, you may get the flu even after you have the flu shot because you were not vaccinated for the strain of flu that infected you.

Myth #3: I am healthy and never get the flu so I don't need to get a flu shot.

Fact: Even healthy people get the flu, and it can be serious.

Everyone 6 months or older should get the flu shot. By getting vaccinated, we help to stop the spread of flu and can help protect other people who may be more vulnerable—like the frail elderly, people with chronic diseases, or young children.

Myth #4: Flu is just a bad cold. It's not a big deal.

Fact: Influenza, what we call flu, is a serious respiratory illness.

Flu causes many days off from work and school. People sometimes need to go the hospital to get treatment and a significant number of people die each year from the flu.

Flu Prevention Tips!

Get your flu shot! Boost your immunity! Eat well, exercise, get enough sleep, reduce stress with prayer and spiritual practice, laugh often, spend time with people you love, stay home and take care of yourself if you're not feeling well.

Top 5 Flu Prevention Tips for Faith Communities

A recent report from the Centers for Disease Control and Prevention says that most people get the flu in February. So it's important to stay vigilant and not too late to get immunized!

Here are a few things you can do in your house of worship to help keep each other healthy.

Teach and model healthy lifestyles of good nutrition, stress management and hygiene. Reinforce that self-care is good!

If your faith tradition includes rituals that involve sharing bread or other foods, or drinking from a common cup, consider arranging for individual servings.

Consider the fist bump when greeting each other instead of shaking hands or hugging. Bumping elbows is even better!

Pay special attention to the protection of the most vulnerable, like frail elderly or people with chronic illnesses. Can everyone get to the doctor or clinic to get a flu shot? Is there anyone who cannot afford a flu shot?

One of the best places for people to get immunized and learn more about preventing flu is in the trusted and convenient environment of their own house of worship. If you would like to host a flu clinic for your members and community, especially those who are not insured, contact Nathan Lim at Walgreens (nathan.lim@walgreens.com) and he will connect you with your local Walgreens representative who can set up a clinic in your house of worship.

Prayer: *God of healing, you create our bodies with the ability to resist infection and illness. Let us be good partners with you in keeping ourselves and others healthy. Amen.*



SOUPER BOWL time!!! Although our Bears aren't in the game, YOU can be. Hunger and poverty have a negative impact on individuals and the communities in which they live, yet we have the opportunity to serve our community in such a simple, easy way by giving to those in need.

You can contribute hearty soups, but the food pantry's current needs also include: hot and cold cereals, pasta sauces, tea, coffee, hot chocolate, 100% juice boxes, disposable diapers (all sizes), baby wipes, condiments, liquid dish soap, laundry soap, cleaning products, shampoo and bath soap.

Monetary donations are also appreciated.

You may make checks out to the Palatine Township Needy Family Fund. Help score a touchdown for the Palatine Township Food Pantry. Please bring in your donations on January 27th, February 3rd and 10th. Together we can change the nation's largest weekend of football to the largest weekend of caring.



Wachs Love Sunday

On Sunday February 17th we will be celebrating the vision Daniel Wachs had about showing people we care about them. During his life, he made it a goal to show others he cared about them. After his death, his family created the Wachs Love Fund to be celebrated each year on the Sunday closest to Valentine's Day. The Wach's Love Fund was founded for the purpose of helping others that are struggling financially within our congregation and within our wider community. The Wachs Love Fund at St. Paul is funded in two ways:

~ Through participation in the Scrip Program: We encourage you to try purchasing Scrip for a couple of months, for some of the shopping you do each month—for groceries, prescriptions, clothing, gasoline, dining out or other entertainment—as well as for gifts you are going to purchase, or give the gift card itself. You may place your order on the second Sunday of each month, and pick it up on the third Sunday. A percentage (1.5% to 25% depending on the vendor) of those purchases you make through the Scrip program come right back to the Wachs Love Fund and you get the full dollar amount that you order.

~ The Wachs Love Fund is funded through your generosity on Sunday, February 17th, and throughout the month. There are envelopes at the end of each pew during February, or you can designate your Wachs Fund gift on your regular offering envelope throughout the year. There are four different definitions of "love" in the Bible. One is AGAPE which is the deepest love, means doing good things for others. Please consider giving to our Wachs Love Fund so we can continue to show our love and do good things for others.

-The Community Outreach Committee.



Groundhog Day

Word Search

L K Y E N W A T U S X N U P W E V E
 P J P N F O Y R A U R B E F T Q I L
 G X F L W D K W Y D U O L C S T W A
 H R O C I A Y O B M U M W P A T J M
 P Z O M R H D I O L P M W E C B P M
 G L U U P S U G S P R I N G E W V A
 D O E J N U Q T R E S G L Y R K L M
 A W D U N D E R G R O U N D O S S S
 Y A D I L O H E M E R G E E F T B S
 S Y A D Q L L O P R E D I C T I O N
 I S S F V Y K H G K C V W O R R U B
 X B E A W I Z M R O D E N T X D N P
 T E T A N R E B I H A R E T N I W L
 E E P W E E U E I F W E A T H E R I
 J S P E N N S Y L V A N I A M J V H
 S E H L G O E Y E O Y Z F R T S Y P
 X K B I T J R Y V X H J P X C Y G U
 L K S I H K O P O B Q E X Z Z O H C

burrow
 cloudy
 cold
 day
 emerge
 February
 forecast
 groundhog

hibernate
 hole
 holiday
 mammal
 Pennsylvania
 prediction
 Punxsutawney Phil
 rodent

shadow
 sign
 six weeks
 spring
 underground
 weather
 winter

