



The Scribe



St. Paul UCC

144 E Palatine Road, Palatine IL 60067

(847) 358-0399 www.stpaul-ucc.org

April 2019 Edition est. 1871

Pastor's Pen...

Later this month (April 14th – 21st) we will find ourselves in the annual observances of Palm Sunday, Holy Week, and Easter. Throughout Christianity, this eight-day period is regarded as the most sacred time of the year. That is because the events of this week are what sealed the redemption of the world; namely, through the death and Resurrection of Jesus Christ. It is so sacred, in fact, that the Apostle Paul regarded it as being “of first importance” (1 Corinthians 15:3-8).

This offers hope for all who feel frustrated by their own mortality. The indignities and curveballs of aging can be offset by a renewed realization that in Christ, death doesn't get the last word. Anxiety and anger can be replaced by calm assurance when we trust that the Creator of life will one day re-create life in us, and “*transform our lowly body to be like his glorious body, by the power that enables him even to subject all things to himself*” (Philippians 3:21).

Ageing and death aren't our final destiny; not when we trust in Christ. The main point of the gospel is a *renewed* creation, one that will be brought back from the throes of decay and restored to its original and imperishable luster, formerly lost in Eden.

This is Good News. This is *the* Good News. It's why we're the Church.

Pastor David



St. Paul UCC Executive Board Members: Sharon Altergott (Spiritual Life Board Rep.), Kim Cichon, Randy Everett (Admin. Board Rep.), Kim Ferris, David Freeman, Arlene Kraus (Spiritual Life Board Rep.), David Mercer (Staff Rep), Chuck Oberly (Admin. Board Rep), and Karen Wagner.



Pastoral visitation is available to those who are hospitalized, temporarily laid up at home, or going through rehab at a facility. Because hospitals and other institutions do not notify the church when a patient is admitted, we need for you or your family member to notify us. We will be more than happy to accommodate your request for pastoral care. Please note also that the pastor may be reached for emergencies at

(224) 386-6285 (cell phone).

Pastor David's procedure in visiting St. Paul's shut-ins, as well as, those members who have a difficult time getting to church is to offer support, bring Holy Communion (their option) and to let them know we journey together in worship. Pastor David understands that scheduling may depend on frequency of doctor's appointments or the church member's schedule. Visitation is always available, however, as the shut-in member's health and life situation may change and more extensive pastoral care is needed. Any church member or their family member desiring more frequent pastoral visitation, or to be placed on the visitation list in the first place should contact the church office at (847)-358-0399 to make arrangements.

"Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord." (James 5:14)



The Pastoral Relations Committee Is Available To You!

Do you have an idea, a question, a comment, or a concern that you would like for Pastor David to know about? You have a couple of options available to you. First, you may speak directly with the pastor. Our pastor is here for ALL of St. Paul's members and he welcomes communication from ALL members. If you aren't comfortable in speaking directly with the pastor, however, then your second option is to go through the Pastoral Relations Committee. Their purpose is to foster good relations between pastor and parish through open and thoughtful

communication.

St. Paul's Pastoral Relations Committee members are: Debbie Everett (Chair); Dolly Chamberlin, Tom Donat, Jim Frost. Bob Kolze, and Joyce Mah,



From the Treasurer...St. Paul at a Glance

	February 2019	YTD	BUDGET
Revenue	28,689.00	146,668.80	273,100.00
Expenditure	22,951.24	144,768.64	287,913.00
Net Income	5,737.76	1,900.16	-14,813.00

From the Archives...



Spring is a very busy time at St. Paul Church. I have found many short articles in the Archives depicting some of the events of the season and short messages.

St. Paul News Letter of April 27, 1955 - - - - -

"The thrill of Easter remains with us as we experience the personal resurrection of our dead selves to devine life. The Easter services brought record attendances. There were over 100 more people attended the Holy Communion services than any previous Easter season. The added Good Friday evening Bench Communion service was attended by 273 people, The Easter Breakfast was attended by approximately 160 people. There were nearly 1,000 people attending our Easter services. New members received on Good Friday were:

Miss Elizabeth Alcott
Mrs. Arnold Ambos
Mr. and Mrs. Thomas Brehm
Mr. and Mrs. Otto Dueball
Miss Emma Fanter
Mr. and Mrs Homer Little
Miss Margaret Monaghan
Miss Carol Ness
Miss Shirley Ann Layman

Mr. and Mrs. John Ness
Mr. John Normandt
Mrs. John Orzolek
Mr. and Mrs. Kenneth Orzolek
Mr. and Mrs. Harold Otto
Mr. and Mrs. George Veeck
Mr. and Mrs. Arthur Wesolek
Mrs. James Zadny
Miss Donna Lee Zobel

From the Bulletin of March 8, 1959 - - - - -

"To meet together in the Lords' house each Sunday helps us to stabilize our life, extend the areas of concern and witness, as well as deepen the anchorage of our faith."

From a 1955 Bulletin- - - - -

"Gratitude is the interest we owe God for the life has loaned us."

L.W. Wakeman

From the April 1977 Scribe- - - - -

"Twas Easter Sunday. The full-blossomed trees filled all the air with fragrance and with joy.

Henry Wadsworth Longfellow

National Day of Prayer will be May 2, 2019

This event was created in 1952 by a joint resolution of Congress and signed into law by President Harry S. Truman



**St. Paul was established on Good Friday, April 7, 1871.
This year April 7 is on a Sunday. St. Paul will be 148
years old!**



TORNADO TIME

April showers bring May Flowers and Tornado Possibilities!

The tornado and storm season is rapidly approaching. Being aware of what to do in case of an emergency will help make the church a safe place for all of us. Also, knowing what to do in your home and on the road can save lives. Please review the following information and be prepared to take action if the need should arise.

Know The Signs

Dark, often greenish clouds lying low to the ground; large hail, a loud roaring noise, similar to a freight train; and a funnel cloud that extends below the cloud base are all indications of a tornado.

TORNADO – STORMS

At Church

If a warning has been issued while attending church services, move to the lower level hallway and sit facing the wall. The **Emergency Response Team** will direct and assist with the evacuation. Do not use the elevator.

At Home

Find Refuge First.

Stay indoors and seek shelter in the lowest level of your home, preferably the basement. Or, go to an interior room or closet with no windows. The more interior walls between you and the tornado, the better off you are.

Cover Up.

Get beneath a sturdy table and use your hands and arms to protect your head and neck. If you're in a bathtub, cover yourself with a mattress or couch cushions for added protection.

On The Road

The best thing to do is to pull over, evacuate your vehicle and head for safe shelter. Do not try to hide under your car. If you're outside and there's no shelter available, find the nearest ditch or low-lying area and crouch low to the ground covering your head with your arms. **DO NOT** go under a bridge or overpass. Do not try to outrun a twister. Driving on a 90 degree angle away from the tornado is a good strategy to follow in order to distance yourself from the tornado.





April Birthdays

1 Jason Doktor	25 Travis Doktor
12 Ken Kolze	25 Laura Mayer
14 Janet Olsen	25 Ed Doktor
19 Roseann Stenzel	26 Mandy Zavilla
20 Mary Doktor	27 Debbie Everett
24 Pam Rogers	

*If there is anyone I missed, please call the church office,
so we can update our records. Thank you!*



SAVE THE DATE –

**You are invited to Reverend Dr.
David Russell's UCC Illinois
Conference Association Retirement.**

Date: Sunday, June 30th

**Time: 4:00 p.m. Service and Dinner to
follow.**

Place: St. Paul United Church of Christ

**Please watch for more information in
the upcoming weeks.**

*Thank you to everyone for
your prayers concerns and
many cards. Thank you to
Dave and Kris Freeman and
Bob and Pat Kolze for the
dinners and to everyone that
volunteered. A special thank
you to Rev. Mercer for his calls and visits,
they were a great comfort at a very difficult
time. Hope to see everyone at church soon!*
Ken and Shirley Ann Kolze.



*Thank you so much for the prayers, cards,
and calls to myself and my daughter Barb.
They are all appreciated so much.*
-Agnes Warren

Christian Education Corner

April 2019



In my first church as a Ministry student, Holy Week was a week of extremes. Maundy Thursday always being emotional for me. None more so than the year one of my favorite parishioner's died on Maundy Thursday. Somehow cementing for me forever the real goodbyes of that last supper. The holiness and the despair melting together. Good Friday at that same church saw us meeting at the sand dunes on the open Atlantic Ocean. Pins and needles ice cold, often the weather for the day, with the wind flying off the ocean to strike us down as we all struggled to carry a wooden cross made out of railroad ties up that sand dune, bury it, then drive our spikes into it as symbols of the things we needed to leave at that cross. Then Saturday was spent in prayer. How could it not be, we were all too exhausted emotionally to do anything else. On Easter Sunday, we would gather at Sunrise at that cross. To this day, I remember the sun was always shining. I am sure that is not the case, our memories give us hope for the things that we wish for. Miraculously, the nails would be gone. After church, my girls flew kites on that same beach. Kite flying on Easter is still my preferred activity.

Some of you have asked how I plan to treat Easter with the kids. We have little ones. They are not at a stage in their life where death is a construct that does anything but scare them. Holiness is something that they understand. They are often able to understand the idea of holiness better than most adults. We did a guided meditation for children last year, I will probably do that again. Then I focus on Easter.

Eggs, daffodils, tulips, kites, butterflies' bunnies, new life, these are things we can all understand and appreciate. Jesus promised us new life and that is the message the kids get. Jesus promises...

May Easter bring you a sense of new life.
Bonnie





PRAYERS FOR OUR COMMUNITY OF FAMILY AND FRIENDS

Lynn Arnold
 Rick Bartells, friend of Kim Cichon
 Ed Bartelt, friend of Charlotte Mally
 Ben Belmonte, nephew of Shirley and Ken Kolze
 Ann Bitz, friend of Shirley Kolze
 Cathy Bradley
 Barb Burget, daughter of Agnes Warren
 Kathleen Butler, friend of Margie & Chuck Anderson
 Flo Dailey, friend of Charlotte Mally
 Russ Drost
 Tom Edelman, friend of the Kerlin family
 Kendall Eich
 Eva, Tuesday Breakfast Group's friend at Café 14
 Kyra Graham
 Judy Haimbaugh, sister of Gloria Helms
 Rick Hasselmann, brother of Shirley Schimka
 Michael Hayford
 Carol Hennings, sister of Pat Kolze
 Larry Herron, friend of Bob & Pat Kolze
 Bill Houldsworth, husband of Laurie Houldsworth
 Larry & Marlene Ingram
 Barb Kerlin, mother of Bruce Kerlin
 Tracy Kerlin
 Jean Kolze
 Ken Kolze
 Laura Krause, daughter of Sharon Krause
 Charles Leseberg, brother of Mary Ann Leseberg
 Tracy Mack, sister-in-law of Ellen Graham
 Cathy McMillion, friend of Karen Wagner
 Dorothy Mende & Bernice Skach, sisters of Charlotte Mally
 Debra Radloff Mican, cousin of Dawn Drost
 Ron & Paulette Mohr, uncle & aunt of Kim Ferris & Karen
 Maryann Ostrem, friend of Arlene Kraus
 Marilyn Paolisso, aunt of Bruce Kerlin
 Jerry Parsons, friend of Sandy & Dave Gumm
 Jody Peterson, daughter of Lynn & Phil Arnold
 Jim Rees, friend of Jackie Schultze
 Geri Rogers, sister of Pat Kolze
 Blanche Schug
 Les Stephens, brother-in-law of Shirley & Ken Kolze
 Sherry Stephens, sister of Shirley Ann Kolze
 Fran Werner, sister-in-law of Sharon Florey
 Ken Wong, friend of Karen Wagner

SERVING CHRIST IN WORSHIP

Greeters for April:

7: Sue Lech
14: Nancy Perry
19: Arlene Kraus
21: Jeff & Kathy DePue
28: Charlotte Mally

Nursery Attendants for April:

Holly Chvoy

Usher Captain for April:

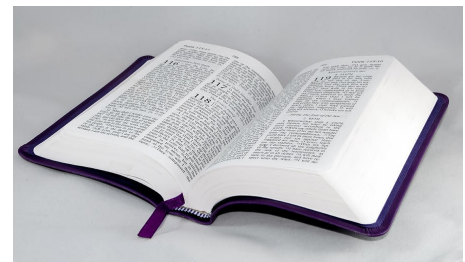
Ralph Hayford

Lectionary Readers for April:

7: Sandy Gumm
14: Roseann Stenzel
21: READER NEEDED
28: Tom Donat

Lectionary for April:

7: Isa 43:16-21; Psalm 126; Phil 3:4b-14; John 12:1-8.
14: Psalm 118:1-2,19-29; Luke 19:28-40; Isa 50:4-9a; Psalm 31:9-16; Luke 22:14-23:56; Luke 23:1-49.
18: Ex 12:1-14; Psalm 116:1-19; 1 Cor 11:23-26; John 13:1-17,31b-35.
19: Isa 52:13-53:12; Psalm 22; Heb 10:16-25; Heb 4:14-16;5:7-9; John 18: 1-19:42.
21: Acts 10:34-43; Isa 65:17-25; Psalm 118:1-2,14-24; 1 Cor 15:19-26; Acts 10:34-43; John 20:1-18; Luke 24:1-12.
28: Acts 5:27-32; Psalm 118:14-29; 1: Psalm 150; Rev 1:4-8; John 20:19-31.





When it comes to end-of-life issues many people consult with their attorney in matters of estate, and a funeral director in matters of burial. Surprisingly however, very few people ever meet with their pastor in order to plan their actual funeral service ahead of time.

There are significant advantages to doing so! Sitting down with your pastor and going over what you would like to have included in your own funeral keeps the power of choice in your own hands, as opposed to leaving it up to your surviving family members. For instance, maybe you have preferences about scripture readings, or hymns, or even what you would like for the officiant to say or not say during the service.

Maybe you have ideas about things such as eulogies shared by family and friends, or some type of ritual that you would like to have observed during the service. These things may all be discussed when you meet with your pastor.

The writer of Ecclesiastes rightly noted that no one among us holds absolute power to hold back their own death (Ecclesiastes 8:8). As sobering as this is, you still have some say in things when you choose to plan ahead. It also allows you to plan a meaningful service which will facilitate grief in a healthy way for those you love.

Pastor David is available to meet with you if you would like to learn more, or to get started. Call the church office (847)-358-0399 or email pastor@stpaul-ucc.org to schedule an appointment.

Arlington Heights & Palatine Senior Center Programs – March/ April

Rose Jensen, community health nurse from Northwest Community Hospital, mentioned her involvement in several programs at the Arlington Heights Senior Center when she was here for the CPR review. The schedule for March and April is posted on the Health Committee bulletin board.

Rose has been with us several different times over the past years. She spoke on “Aging” and provided us with two CPR reviews. She is at the Arlington Heights Senior Center regularly providing programs on nutrition, cooking demonstrations, and other health related topics. She is also there for sessions called “Ask The Nurse.” During this time it is possible to ask her about any health related concerns and get a blood pressure check. Most of these programs are free but some require registration. To check out a complete schedule of programs for seniors look online at Senior Center – Village of Arlington Heights.

Rose is also at the Palatine Senior Center the first Monday of the month from 12:00 – 1:00 p.m. During that time she gives blood pressure checks and is available for questions.

Slow Down for Healthy Eating

Breakfast. A second cup of coffee. A mid-morning snack. Lunch. An afternoon snack. An after-work snack with a glass of wine. Dinner. Dessert.

Dr. Parimal Sura, an internal medicine physician at Advocate Christ Medical Center in Oak Lawn, IL says many people underestimate how calories add up over the course of a day. He recommends paying attention to what and how much food you're eating as the best way to manage calories.

Dr. Sura offers these tips for being mindful about how much you're eating:

Sit down while eating. Focus on what you are doing and avoid multitasking, whether it's watching television, catching up on work or talking on the phone.

Chew intentionally. Make sure you are chewing each bite well enough to the point that you are not struggling to swallow, which is an indication you are moving too quickly.

Breathe between bites. Instead of "inhaling" your food, take your time and give yourself breaks while you are eating.

"These are all often easier said than done, but the best tip is to just practice being mindful," says Dr. Sura.

Prayer: God, slow me down so that I can fully enjoy the blessing of food that you provide.



Check out the Health Committee's Recycling-Right display on **April 28th** during coffee hour in Fellowship Hall.

Recyclable materials go to both domestic and foreign buyers which have cut back sharply on the contamination they will accept. Contamination, such as loose plastic bags and shredded paper (tanglers), recyclables bagged in plastic bags, and dirty/wet/greasy food and liquids left in recycling must be removed during processing, which raises costs. If these items are present, it is possible that the whole batch of recycling could be rejected and go to a landfill. When in doubt, throw it out. Empty, clean, and dry. What's in your bin?

On Saturday, March 2, nine people attended the open house at Hausermann Orchid Place in Villa Park. We were amazed with the quantity and varieties of orchids and other tropical plants on exhibit and for sale there. Then we went to Hy-View restaurant for lunch.
(pictures compliments of Gloria Helms)



Please join us during this Holy Week

Holy Week Schedule

Palm Sunday Worship Service April 14th @ 10am

Maundy Thursday Service, April 18th @ 7pm

Good Friday Service, April 19th @ 7pm

Easter Worship Sunday, April 21st @ 10:00 am
Pancake Breakfast to follow, featuring the St. Paul Flippers.
Free will offering.

FEED MY STARVING CHILDREN

St. Paul has reserved 20 spots in a packing event on Saturday April 27, 2019 at the NEW Feed My Starving Children location in Schaumburg. It is about 3 minutes northwest of their old address in Schaumburg. Please contact Roseann Stenzel or the church office if you would like to participate but have questions. There is a sign-up sheet in Fellowship Hall. PLEASE NOTE THE NEW ADDRESS!

When: Saturday April 27, 2019
Where: 740 Wiley Farm Court, Schaumburg, IL.
Time: 9:00 to 11:00 am

We will be going out for lunch at a local establishment following the event. If you will be joining us for lunch, please let us know so that we can reserve a spot for you!

FRIENDS AND FAMILY MEMBERS WELCOME!

Directions:
Take Meacham Road south of I-90 to Remington Road (by Noodles and Company).
Go west on Remington to N Plum Grove Rd.
Go right on N Plum Grove Road to Wiley Farm Court.
Go left on Wiley Farm Court to 740.





Word Search

C E W R I S E N T O M B A R R
 R M C B M A L Q F Q Q V N E O
 O R A I G O L G O T H A G S B
 S D E I F I C U R C L E E U B
 S O N Y S I S E L L A A L R E
 E O L U A I R A B G Y S Q R R
 N T S D N R I C E O A T F E S
 T E A L I N P T A H R E T C D
 J E E L E E H F P S T R S T O
 C S M D I S R A Z R E L E I G
 S R Q P E P I T N W B S R O D
 E B O M L A L E P S O G R N A
 U V A W C E N I W T R I A L E
 K N O K N E M R E P P U S S R
 E S I L V E R E N O T S X L B

ANGEL	DENIAL	LOVE	SILVER
ARREST	EASTER	PILATE	SINLESS
BETRAYAL	GETHSEMANE	PRAYER	SOLDIER
BREAD	GOD	RESURRECTION	STONE
CAIAPHAS	GOLGOTHA	RISEN	SUPPER
CROSS	GOSPEL	ROBBERS	TEMPLE
CROWN	JESUS	ROBE	TOMB
CRUCIFIED	LAMB	SACRIFICE	TRIAL