



The Scribe



St. Paul UCC

144 E Palatine Road, Palatine IL 60067

(847) 358-0399 www.stpaul-ucc.org

July 2019 Edition est. 1871

Pastor's Pen...

American Express ran a number of TV commercials during the 1980's in which they used the slogan: "Membership has its privileges." The general idea behind this was that card-carrying American Express customers had access to certain things that other people do not.

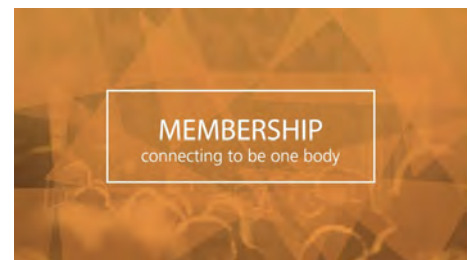
This holds true in other areas, as well. Within families, membership also has its privileges. Our spouses, children, and grandchildren are entitled to enjoy some exclusivity in their access to us. While we may let other people into our lives such as work associates and fellow members of local clubs, they still do not have the same status as the person we're married to or the ones we brought into this world.

The administration, the faculty, the staff, and the student body of any local school each have a credential that buzzes them through the front door. That's because they're officially members. Membership grants access. Membership confers special privileges and responsibilities that disassociation does not.

When we accept membership into something, we're making a statement about how much we value our relationship with that particular group. Being a member means that we share a common belief, or that we hold to a common cause and we actually identify with it. We're not a casual free-floater anymore. We're not an outside observer or a flash-in-the-pan impulsive. No, rather, when we accept membership into something we are showing that we're in it for the long haul. We are choosing to become part of the process, and to be part of the solution.

How do you see yourself as a member of the Body of Christ? What does your membership in this local church mean to you? Or, perhaps you've been attending or visiting St. Paul for some time, but you've never actually taken that step of having your name formally added to this church's membership roster. If you would like to make it official and unite with St. Paul UCC, please RSVP to the church (847)-358-0399 or to pastor@stpaul-ucc.org for the **New Members Orientation** class on **Sunday August 25th** right after worship. You can now add your name to the list of those who have been part of the St. Paul story which began on Good Friday back in 1871!

Pastor David



St. Paul UCC Executive Board Members: Sharon Altergott (Spiritual Life Board Rep.), Kim Cichon, Randy Everett (Admin. Board Rep.), Kim Ferris, David Freeman, Arlene Kraus (Spiritual Life Board Rep.), David Mercer (Staff Rep), Chuck Oberly (Admin. Board Rep), and Karen Wagner.



Pastoral visitation is available to those who are hospitalized, temporarily laid up at home, or going through rehab at a facility. Because hospitals and other institutions do not notify the church when a patient is admitted, we need for you or your family member to notify us. We will be more than happy to accommodate your request for pastoral care. Please note also that the pastor may be reached for emergencies at

(224) 386-6285 (cell phone).

Pastor David's procedure in visiting St. Paul's shut-ins, as well as, those members who have a difficult time getting to church is to offer support, bring Holy Communion (their option) and to let them know we journey together in worship. Pastor David understands that scheduling may depend on frequency of doctor's appointments or the church member's schedule. Visitation is always available, however, as the shut-in member's health and life situation may change and more extensive pastoral care is needed. Any church member or their family member desiring more frequent pastoral visitation, or to be placed on the visitation list in the first place should contact the church office at (847)-358-0399 to make arrangements.

"Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord." (James 5:14)



The Pastoral Relations Committee Is Available To You!

Do you have an idea, a question, a comment, or a concern that you would like for Pastor David to know about? You have a couple of options available to you. First, you may speak directly with the pastor. Our pastor is here for ALL of St. Paul's members and he welcomes communication from ALL members. If you aren't comfortable in speaking directly with the pastor, however, then your second option is to go through the Pastoral Relations Committee. Their purpose is to foster good relations between pastor and parish through open and thoughtful

communication.

St. Paul's Pastoral Relations Committee members are: Debbie Everett (Chair); Dolly Chamberlin, Tom Donat, Jim Frost, Bob Kolze, and Joyce Mah,



From the Treasurer...St. Paul at a Glance

	May 2019	YTD	BUDGET
Revenue	24,735.00	216,540.59	273,100.00
Expenditure	22,870.88	214,662.10	287,913.00
Net Income	\$1,864.12	\$1,878.49	\$-14,813.00



Outing: Wednesday, October 2, 2019

The Jacob Henry Mansion Estate
20 South Eastern Avenue
Joliet, IL 60433
815-722-1420

“Henry Haus” Oktoberfest
10:30 a.m. – 2:30 p.m.



Tour the mansion

Built in 1873 with old Victorian charm

Lunch: German-style cuisine

Menu: slow cooker German-style pork roast with sauerkraut and potatoes,
fresh tossed garden salad, pretzel rolls with coarse brown mustard, coffee or tea,
warm apple strudel

Program: The Johnny Wagner Band

Bavarian, Austrian, and Slovenian styles of Polka music, including yodeling

Price: \$54 (checks payable to Cherrie Wickstrom)

During coffee hour or mail to 1476 Village Drive, Arlington Heights, 60004

Questions: 847-632-1941 – wickchick1@sbcglobal.net

Paid reservations to Cherrie Wickstrom by August 26

Car pools will be arranged and leave west parking lot at 9:15



Is it Dementia? Early Warning Signs

Alzheimer's disease and other forms of dementia can be a scary thought as you age, and we often feel anxious when little brain blips happen and we can't find our keys or can't remember a word.

Being a little forgetful is common. Dr. Daniel Litoff, an internal medicine physician at Advocate Illinois Masonic Medical Center in Chicago, Ill., points out some key warning signs that we should pay attention to.

"The most common sign is difficulty with everyday tasks requiring short term memory," says Dr. Litoff. This includes:

- Missing appointments
- Forgetting to pay bills
- Misplacing items at home and forgetting where they are
- Getting lost when driving
- Repeating questions multiple times

Seeing these signs can be frightening, but it's best to avoid uncertainty and take your loved one to a doctor right away. Your doctor can also talk to you about ways to keep your brain healthy and protected against Alzheimer's or dementia.

The Heart-Brain Connection

Did you know the same habits your doctor recommends to prevent heart disease can also help keep dementia at bay?

That's exactly what a group of researchers found when comparing changes in brain function among 6,626 individuals with varying degrees of heart health. Researchers used the American Heart Association's Life's Simple 7 tool, a checklist of seven behaviors shown to positively impact heart health. The data shows that over 8½ years, with each heart-healthy measure that was adopted, participants suffered from less cognitive decline and memory loss.

The American Heart Association's *Life's Simple 7 Tool* recommends the following heart and brain-healthy habits. Which ones are you already doing?

- Keep your blood pressure within a normal range.
- Control your cholesterol levels.
- Reduce the amount of sugar you consume.
- Maintain an active lifestyle.
- Make healthy food choices.
- Maintain a healthy body weight.
- Stop smoking immediately.

Prayer: *Thank You for the miracle of connection in my body, God.
What affects one part is connected to another part.
May I value, cherish and care for all of it!*



July Birthdays

2 Harley Chapman	21 Claudia Mayer
6 Dave Freeman	22 John Beresheim
6 Jorie Guenther	30 Darrel Chvoy
7 Taryn Everett	31 Shay Storm
8 Jeff Whedon	31 Jeff DePue
9 Lisa Kowalski	
11 Chelsea Connor	
14 Marlene Ingram	

*If there is anyone I missed, please call the church office,
so we can update our records. Thank you!*



*"Please join us for our annual community supper.
The church will host a night of dining, entertainment
and gracious hostility."*



Christian Education Corner



Glory to God, who is able to do far beyond all that we could ask or imagine by God's power at work within us! –Ephesians 3:20

IT IS VACATION BIBLE SCHOOL TIME!!

Our theme this year is: ***To Mars and Beyond.*** Don't you wish you could travel to Mars?

You can when you join us at Vacation Bible School. Our very own Robot, EP3-20 will be our guide for this exciting adventure.

We will go beyond our planet **with Boldness! with Kindness! and with Hope!**
Queen Esther, the Good Samaritan and Jesus will accompany us on our journey.

We will be holding VBS on Monday evenings, **July 8th from 5:30-8:00.**
July 15th, from 5:30-8:00 and July 22nd from 5:30-8:00.

Our Scripture passages are about those who will accompany us on our journey.

Queen Esther: *Esther 4-9*

The Good Samaritan: *Luke 10:25-37*

Jesus and the Disciples on The Road to Emmaus: *Luke 24:13-35*



To Make Vacation Bible School a success we will need some help:

1. Someone who would be interested in doing **crafts**,
2. a **science person**,
3. a **recreation person**,
4. Someone to **take pictures at the photo booth**
5. People to **help with food**. Our main menu items are: Rocket Ship Hot Dogs, Saturn's Ring Sandwiches, and Moon Pie Tacos.

Vacation Bible School is always fun and always provides unexpected moments of great joy! If you are interested in helping, please call Bonnie at 224-595-6807.

More importantly we need children! Please bring your neighbors, friends and family and enjoy the fun. *Registration* forms are available in the church office and during Church School on Sunday mornings.

ALL ARE WELCOME!! SEE YOU THERE!!!



A couple of months ago I was asked if I would make a quilt for Kyra Graham. She had been injured in a car accident while serving in the Navy. What an honor to be asked. Here is a picture of the quilt presented to her on Tuesday, May 28, while she was home for her sister's graduation. Her whole family was here as we presented her with the quilt. I was told she is always cold so this should serve her well, and know that her church family is thinking about her and praying for a full recovery.

Sandy Gumm

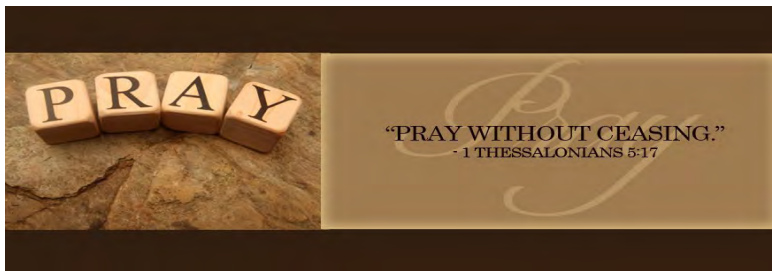


This Quilt of Valor was made especially for you **Kyra Graham** as you heal. May you feel the love of your church family as you wrap this quilt around you.

Presented by St Paul UCC, Palatine, IL. We thank you as you serve.

Made by Sandra Gumm. Arlington Hts,
Quilted by Jane of Undrys,
Completed May 27, 2019





PRAYERS FOR OUR COMMUNITY OF FAMILY AND FRIENDS

Lynn Arnold
 Rick Bartells, friend of Kim Cichon
 Ed Bartelt, friend of Charlotte Mally
 Ben Belmonte, nephew of Shirley and Ken Kolze
 Ann Bitz, friend of Shirley Kolze
 Barb Burget, daughter of Agnes Warren
 Kathleen Butler, friend of Margie & Chuck Anderson
 Flo Dailey, friend of Charlotte Mally
 Tom Edelman, friend of the Kerlin family
 Kendall Eich
 Eva, Tuesday Breakfast Group's friend at Café 14
 Kyra Graham
 Judy Haimbaugh, sister of Gloria Helms
 Rick Hasselmann, brother of Shirley Schimka
 Michael Hayford
 Orrin Helms
 Carol Hennings, sister of Pat Kolze
 Larry Herron, friend of Bob & Pat Kolze
 Bill Houldsworth, husband of Laurie Houldsworth
 Larry & Marlene Ingram
 Barb Kerlin, mother of Bruce Kerlin
 Jean Kolze
 Ken Kolze
 Laura Krause, daughter of Sharon Krause
 Charles Leseberg, brother of Mary Ann Leseberg
 Tracy Mack, sister-in-law of Ellen Graham
 Cathy McMillion, friend of Karen Wagner
 Dorothy Mende & Bernice Skach, sisters of Charlotte Mally
 Ron & Paulette Mohr, uncle & aunt of Kim Ferris & Karen Wagner
 Maryann Ostrem, friend of Arlene Kraus
 Marilyn Paolisso, aunt of Bruce Kerlin
 Jerry Parsons, friend of Sandy & Dave Gumm
 Jody Peterson, daughter of Lynn & Phil Arnold
 Jim Rees, friend of Jackie Schultze
 Geri Rogers, sister of Pat Kolze
 Blanche Schug
 Les Stephens, brother-in-law of Shirley & Ken Kolze
 Sherry Stephens, sister of Shirley Ann Kolze
 Fran Werner, sister-in-law of Sharon Florey
 Ken Wong, friend of Karen Wagner

SERVING CHRIST IN WORSHIP

Greeters for July:

7: Bill & Roseann Stenzel
14: Melissa Gumm
21: Dolly Chamberlin
28: Janet Olsen

Nursery Attendants for July:

Holly Chvoy

Usher Captain for July:

Jim Wotal

Lectionary Readers for July:

7: Reader Needed

14: Roseann Stenzel
21: Sandy Gumm
28: Tom Donat

Lectionary for July:

7: 2 Kings 5:1-4; Psalm 30; Isa 66:10-14, Psalm 66:1-9; Gal 6:1-16; Luke 10:1-20.
14: Amos 7:1-17; Psalm 82; Deut 30:9-14; Psalm 25:1-10; Col 1:15-28; Luke 10:38-42.
21: Amos 8:1-12; Psalm 52; Gen 18:1-10a; Psalm 15; Col 1:15-28; Luke 10:38-42.
28: Hos 1:2-10; Psalm 85; Gen 18:20-32; Psalm 138; Col 2:6-19; Luke 11:1-13.





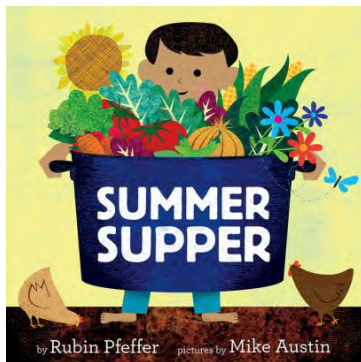
Fourth of July Festivities at St. Paul

July 5th Church Picnic

The Palatine fireworks are being held on **Friday, July 5th** so our annual picnic get together will also take place on this day. If you would like to attend, please sign up in Fellowship Hall.

July 4th Parking Lot Fundraiser

We will be holding the parking lot fundraiser this year from Wednesday July 3rd through Saturday July 6th. **We do need everyone to help this year in order to make it a success.** If you can help, please sign up on the board located in Fellowship Hall. Thank you!



Summer Supper Update

As you are aware, we are in our second summer participating in the Northwest Suburban Church Summer Supper program partnering with St. Theresa in Palatine. The suppers run from May through September and our event is the 2nd Friday of the month from 6:00 to 8:00. Thus far, we have had great turn outs exceeding our early numbers last year. Guests come from all walks including those who are homeless and those that are in need of fellowship. In May, our theme was French cuisine and we served 42 guests a wonderful meal prepared and served by our volunteers. Wonderful reviews were received by the guests regarding the food and social time. In June, our theme was Greek cuisine and we served 40 guests again with very positive comments. This is a wonderful opportunity to serve whether through food donations, food preparation or serving during the meal. The guests thoroughly enjoy the hospitality shown as well as having us join them for the meal. If you are interested in learning more about this fulfilling volunteer opportunity and would like more information regarding the time commitment, please see Debbie Everett or Arlene Kraus. Sign ups for the July Summer Supper will be posted in Fellowship Hall.

*An All Board Meeting was held in Fellowship Hall on Tuesday, June 11th.
On the next few pages are the minutes from that meeting as well as an outline
from the Spiritual Life Board for the upcoming year.*

**St. Paul All Board Meeting
June 11, 2019**

Agenda:

- Opening Prayers
- Long Range Goals
- Changing the Constitution Fiscal Year to commence Jan 1
- Other
- Closing Prayer

Meeting began at 6:45pm with Pastor David leading us in Prayer

Long Range Goals

Long Range Goals: Spiritual Life

Deb Everett of Spiritual Life Board presented goals focused on the theme of “Love of Creation Initiatives”. The goals centered on our church calendar with planned events. (Please see separately attached Outline for specific details.)

In the fall the theme will be centered on “Love of Music” with special kick off activities.

Then into the winter months nearing the holidays we will look to the “Love of Art” and the “Love of Mankind”. Here too events, activities and presentations will be incorporated; in the spring of 2020 as the winter fades the theme will be “Love of Creation” and then concluding in the summer with “Love of Light”. The response to their initiatives was very positive and many commended Deb and her Board for their energy and planned activities. More specific details and scheduling will be coming later this summer as we approach Rally Day in September. Stay tuned in for the details

Long Range Goals: Administrative Board

The primary goal of the Administrative Board is to share with the congregation the information on our financial situation. We have had to tap into the earnings of our endowment fund and the overall financial condition of our church needs attention of the congregation.

The changing of the fiscal calendar back to the Jan 1 calendar date was discussed and a consensus was achieved to recommend to the Congregation on September 15th to change the constitution.

As we approach the Stewardship Drive this fall we will be using the facts on our finances for congregational awareness on discussion.

In addition to the financial situation, the Administration Board is working on the sound system.

Long Range Goals: Executive Board

The Executive Board has made a commitment to Pastor David and to the “Thriving Pastors Revitalizing Congregation” grant that is available. Pastor David explained the program, which we have made the commitment to support. This involves the Pastor and 3 to 5 members of the congregation to attend workshops and conferences for networking on issues confronting churches. Pastor David, in addition will be meeting monthly with clergy to discuss, develop and participate in resource sharing.

The Executive Board also will be working with the Administrative Board on Stewardship Drive and strategies to improve our financial situation.

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II-Changing the Church Fiscal Calendar Date

Discussion was held and a consensus was reached to present to the Congregation for a vote to change the Fiscal Year to a January 1 date. (Jan 1 – Dec 31)

III-Other

Additional discussion was held about Coffee Hour and what is involved. An announcement will be posted in the Scribe regarding the specifics. The fellowship surrounding coffee hour after church services is, and always will be, a vital part of our church community.

Pastor David and Rev. Bonnie discussed too the importance of communication of concerns directly to them regarding church members. If members are concerned about individuals they urged us to contact them for advice and direction. We have in place a “Care Team” whom works with the Pastor to support all of our congregation members in a consistent manner. This starts with our Pastoral Leadership and communication.

Meeting was adjourned at 8:10pm

Respectfully submitted Executive Board

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Spiritual Life Outline 2019/2020 All Board Meeting June 11, 2019

Love of Creation Initiatives

1 Fall 2019

Theme – Love of Music

Date TBD – target November

Confer with Music staff about a concert /recital focus on holiday “kick off” with possible sing along.

Invite the community/ other parishes

Include a free will offering

Include possible social hour in Fellowship Hall following.

2. Winter 2020

Theme - Love of Art

Date – February/March TBD

Painting or Pottery Class /Refreshments Afternoon or Evening

Search a vendor to provide on-site (Fellowship Hall)

Invite the community/other parishes

Include fee to cover expenses

Theme - Love of Mankind

Date – February/March TBD

Sponsor “Stop the Bleed” program

Stop the Bleed program operates through the American College of Surgeons

One day trainer facilitated program that enhances the public awareness and encouragement for bystanders to be trained, equipped and empowered to help a bleeding emergency before emergency responders arrive.

Invite the community/other parishes

To be held in Fellowship Hall

Include a free will offering or nominal fee to cover simple refreshments.

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3. Spring 2020

Theme -Love of Creatures

Butterflies and Bees

April – May 2020 Specific date TBD

Program sponsored by the Health Committee with a guest expert who will provide instruction on how to cultivate plants that will attract butterfly varieties and bees, very important to our environment.

With the Garden and Buildings and Grounds Committee's guidance, create and plant shrubbery, perineal plants around evergreen (tree lit for Christmas season) at the corner lot to enhance the beauty. The congregation will be asked to donate and assist with the preparation and planting.

4. Summer 2020

Theme - Love of Creation – Light (3rd Day)

Date TBD

Fundraiser event to provide funding for the purchase and installation of lighting of the east side of the church. The walkway lighting will serve several purposes namely, security, safety and be aesthetically attractive.

Logistics of fundraiser to be determined

Additional Committee events known as this date.

Women's Fellowship:

2nd Saturday of each month starting September through May

Planning of the year will take place at the September 2019 meeting

Group will continue to make fleece blankets throughout the year based on needs and causes

Health Committee:

Fall Luncheon September 20, 2019

Oktoberfest Outing October 2, 2019

College Care packages preparation October 3, 2019

Educational /Information session – Supplements and Vitamins – November 10, 2019

Book/Magazine Exchange – starting January 19, 2020 followed by a permanent book exchange area set up in Gumm Library

College Care packages preparation February 6, 2020

Educational/Information session – Healthy Snacks – March 29, 2020

Spring Luncheon – May 1, 2020

Distribution of Flowers Mother's Day – May 10, 2020

Distribution of Candy Bars Father's Day – June 21, 2020

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Community Outreach:

Building for Bob – Habitat for Humanity starting September 8, 2019
Summer Suppers – September 13, 2019; resume May 2020 through September 2020
Neighbors in Need - October 6, 2019
Feed My Starving Children Packing Event – November 15, 2019
Christmas Fund - December, 2019
Souper Bowl – starting January 26 through February 2, 2020
Wach's Love Sunday – February 16, 2020
Jewel Monopoly for Food Pantry – pending Spring 2020
Feed My Starving Children Packing Event – March or May 2020 – specific date TBD
One Hour of Sharing – March 2020
Apple Tree Campaign – June/July 2020

Worship Committee:

Advent Hanging of the Greens Service – December 1, 2019
Cantata – in conjunction with Music staff – Possibly December 22, 2019
Visitation Committee
All Church Christmas Card Signing for Shut Ins, etc. – December 15, 2019

Spiritual Life:

Holiday decorating sanctuary – November 30, 2019
Un-decorate sanctuary – January 11, 2020
Tap House – January 21, 2020
Tap House – February 13, 2020
Tap House – March 24, 2020

Events will be communicated via Sunday Announcements (written and verbally as needed), Scribe, email, postings, newspaper, community signs as appropriate.



*A special thank you to Debbie Everett and the Spiritual Life Board
for putting this outline together!*



We are in need of Coffee Hour Hosts during our Fellowship after Sunday Services.

A key component to our fellowship and community at St. Paul is the Fellowship Hour after our worship service. As you know, it is an important gathering place to relax, renew friendships, meet new faces and get a little refreshment after worship.

Coffee and snacks are just part of what feeds this lively time of catching up, making plans and getting to know newcomers. It's the church in fellowship, with or without caffeine.

We have decided to scale down the amount of food being served during fellowship. Coffee cake, brownies, cookies or a light snack is really all that is needed to be brought. The coffee and all serving supplies are provided.

If you don't know how to use the coffee maker, please call the church office and Mary can schedule a time for you to come in and she can show you. Or might we suggest signing up with someone who does, and they can show you. It's actually very simple. Please consider helping out and signing up on the Coffee Hour Sign Up Sheet in Fellowship Hall. Thank you!

**COFFEE
FELLOWSHIP**



IMMEDIATELY FOLLOWING THE WORSHIP SERVICE
Make yourself at home!



Volunteer Opportunity

There is an opening on the Southside Cemetery Committee.
If interested, please contact Randy Everett. Thank you!