



The Scribe

St. Paul UCC

144 E Palatine Road, Palatine IL 60067

(847) 358-0399 www.stpaul-ucc.org

April 2020 Edition est. 1871



Pastor's Pen...

This issue of *The Scribe* is being put together during the early stages of the quasi national shutdown of houses of worship and other institutions where large numbers of people gather. Perhaps by the time you actually read this, COVID-19 will be such old news that people will say: "*Corona virus? What's that?*" or.....it might *not* be such old news. It might still be current. It might even be to the point where it's inflicting some pain. As I sit here and write this, it's March 18th and I can't see into the future any more than what anyone else can. Neither can the other five St. Paul staff members.

Uncertainty causes stress, and that's true for all of us. I don't care how much faith a person may say that they have, underneath that pious veneer they're just as concerned as the rest of us. Jesus was really feeling it when he prayed in the Garden of Gethsemane. Luke records that he was in "*.....anguish as he prayed more earnestly, and his sweat became like great drops of blood falling down on the ground*" (Luke 22:44). If Jesus could feel some concern, then we need to allow that for ourselves and our companions. Sometimes we fail to understand the difference between faithless worry on one end of the spectrum, and legitimate foreboding on the other.

However this Corona crisis plays out, I'm hoping that we will learn some collective lessons from it. I'm hoping that it will teach society some humility, for one thing. But, I also hope that it will teach us patience, forbearance, mercy, and overall goodness. Our fellow human beings are actually some pretty vulnerable creatures and they need to receive each of those. I know that some will argue for America's "toughness" and "resilience", etc, etc. Okay, point taken; and I'm not saying that people are excused from being adults -- but we also need to bear in mind that society needs to re-learn some of these virtues that I've just mentioned. Over the years we've become a bit too calloused in some areas, particularly in how we treat one another.

Ultimately, God is still God and has the power to deliver us. Yes, many have been suffering, but hopefully the world can learn something from this and emerge as better people. I don't know for sure if we will, but I won't stop believing that we *can*.

Pastor David



St. Paul UCC Executive Board Members: Sharon Altergott (Spiritual Life Board Rep.), Kim Cichon, Randy Everett (Admin. Board Rep.), Kim Ferris, Arlene Kraus (Spiritual Life Board Rep.), David Mercer (Staff Rep), Chuck Oberly (Admin. Board Rep), and Karen Wagner.



Pastoral visitation is available to those who are hospitalized, temporarily laid up at home, or going through rehab at a facility. Because hospitals and other institutions do not notify the church when a patient is admitted, we need for you or your family member to notify us. We will be more than happy to accommodate your request for pastoral care. Please note also that the pastor may be reached for emergencies at (224) 386-6285 (cell phone).

Pastor David's procedure in visiting St. Paul's shut-ins, as well as, those members who have a difficult time getting to church is to offer support, bring Holy Communion (their option) and to let them know we journey together in worship. Pastor David understands that scheduling may depend on frequency of doctor's appointments or the church member's schedule. Visitation is always available, however, as the shut-in member's health and life situation may change and more extensive pastoral care is needed. Any church member or their family member desiring more frequent pastoral visitation, or to be placed on the visitation list in the first place should contact the church office at (847)-358-0399 to make arrangements.

"Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord." (James 5:14)



The Pastoral Relations Committee Is Available To You!

Do you have an idea, a question, a comment, or a concern that you would like for Pastor David to know about? You have a couple of options available to you. First, you may speak directly with the pastor. Our pastor is here for ALL of St. Paul's members and he welcomes communication from ALL members. If you aren't comfortable in speaking directly with the pastor, however, then your second option is to go through the Pastoral Relations Committee. Their purpose is to foster good relations between pastor and parish through open and thoughtful communication.

St. Paul's Pastoral Relations Committee members are: Debbie Everett (Chair); Dolly Chamberlin, Tom Donat, Jim Frost, and Bob Kolze



From the Treasurer...St. Paul at a Glance

	February 2020	YTD	BUDGET
Revenue	17,910.23	39,668.23	268,700.00
Expenditure	22,321.71	45,412.66	271,738.00
Net Income	-4,411.48	-5,744.43	-3,038.00



Health Committee Spring Luncheon

Please join us at Emmett's Brewing Co. on Friday **May 1st** for our Annual Spring Luncheon. We will meet in the Palatine Room, ordering from the menu, with separate checks. Emmetts is located at 110 N. Brockway St., Palatine, IL 60067. 847-359-1533.



Paper Shredding Event-

The village of Schaumburg paper shredding only event is April 11th from 9am to noon at the Public Works Facility, 714 S. Plum Grove Rd. Two box limit per person. The recycling/shredding event is **April 18th** from 9 am to 2pm at Boomers Stadium, West parking lot, 1999 S. Springinsguth Rd. Schaumburg. For information go to the Village website or call 847-895-7100



HARD HATS REQUIRED !!!!

Get ready!!! Habitat for Humanity 'building' will start **April 19th**. Watch for more information coming from the Community Outreach committee and keep your eyes on the Community Outreach bulletin board in the back of Fellowship Hall.



Attention **WOMEN** and men—Sunday Ushers are needed for worship service. Training will be provided. Please contact Gary or Sharon Altergott for details. Thank you!



150th Anniversary Committee Update

Walking to the east entrance to our church in early March, you may have first noticed the orange cone situated near the bench. A week later, you would have seen the cone sitting in a large hole (thanks to Gary Altergott, Bob Kolze, and Randy Everett) in that same spot. As of March 17, 2020, our **anniversary rock** was positioned and partly buried in that hole, thanks to the donation of that beautiful rock by Chuck and Marjorie Anderson, along with the great work of Chuck Anderson and his crane operator, Randy. (Please see photos on the next page) A plaque for our statement rock will be attached at a later date, in time for the anniversary in April 2021. Plans for that **plaque** are in the works, along with plans for a **lighting project** (from Spiritual Life Board and Building & Grounds). Lastly, a **shrub garden** around the rock will be planted.

Our 150th Anniversary Committee has also been busy discussing these items—

July 4th Parade—Sue showed us samples of giveaways. Orders are being made for handouts, not only for the parade, but possibly for other uses also.

Celebration—Our service of celebration will be on Sunday, April 18, 2021, with the president of our U.C.C. Association, Rev. John Dorhauer, as a guest speaker. Discussions and decisions regarding the after-church celebration have been taking place throughout our committee and other church board meetings.

Souvenir booklet—The committee touched on contents and thoughts of including photos of the celebration in the booklet. Finalization and distribution of the booklet would then come after the anniversary service.

Banners—Sharon brought out church banners used in previous occasions, along with a sketch that could be used for the front banner. There was discussion of where various sized banners could be used. The front banner will be above the fixed church sign, between the urn pillars.

Anniversary (Memory) Bulletin Board—Gloria showed examples of photos mounted on cardstock (8 ½" X 11") using a theme for each page, ex. St. Paul U.C.C. Weddings, or Fellowship Hall Events. She will eventually collect photos from our church members and mount them for the memory board. Anyone wishing to submit photos, contact her. More details to come.

A reminder—our anniversary celebration will begin officially in January 2021, culminate in April 2021, but continue in some ways all year. **Planning for the 150th Anniversary can be part of our celebration!**

150th Anniversary Committee Rock Installation Photos





1 Jason Doktor	24 Pam Rogers
11 Lisa Arthur	25 Ed Doktor
12 Doris Brzostowski	25 Travis Doktor
12 Ken Kolze	26 Mandy Zavilla
14 Janet Olsen	27 Debbie Everett
19 Roseann Stenzel	30 Sue Lech
20 Mary Doktor	

*If there is anyone I missed, please call the church office, so we can update our records.
Thank you!*

Please join us during this Holy Week

Holy Week Schedule

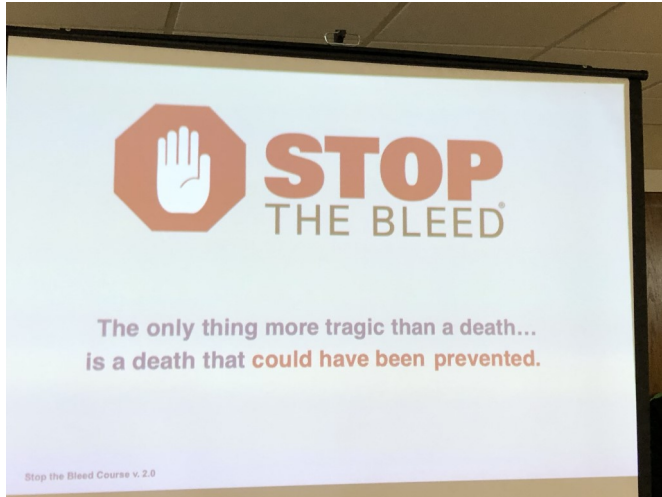
Maundy Thursday Service, April 9th @ 7pm

Good Friday Service, April 10th @ 7pm

Easter Worship Sunday, April 12th @ 10:00 am

**All dates pending change due to COVID19
Please watch for future email updates**

Below are pictures from the Health Committee's *Stop the Bleed* event held on March 7th.





PRAYERS FOR OUR COMMUNITY OF FAMILY AND FRIENDS

Julia Abbs, mother of friend of Sandy & Melissa Gumm
 Dorothy Altergott
 Lynn & Phil Arnold
 Kay Bach, aunt of Sue Lech
 Ed Bartelt, friend of Charlotte Mally
 Ben Belmonte, nephew of Shirley and Ken Kolze
 David, Leah, William Campbell & Grandma Mary
 Flo Dailey, friend of Charlotte Mally
 Kendall Eich
 Mary Flynn
 Brian Gavin, son-in-law of Gary & Sharon Altergott
 The Graham Family
 Christina Guenther
 Judy Haimbaugh, sister of Gloria Helms
 Rick Hasselmann, brother of Shirley Schimka
 Michael Hayford
 Orrin Helms
 Carol Hennings, sister of Pat Kolze
 Larry Herron, friend of Bob & Pat Kolze
 Bill Houldsworth, husband of Laurie Houldsworth
 Larry & Marlene Ingram
 Joe Kenney, nephew of Kris Freeman
 Barb Kerlin, mother of Bruce Kerlin
 Jean Kolze
 Laura Krause, daughter of Sharon Krause
 Charles Leseberg, brother of Mary Ann Leseberg
 Myra & Trudy Longnecker, friends of Sue Lech
 Joyce Mah
 Jack Martin, friend of Amanda Doktor
 Cathy McMillion, friend of Karen Wagner
 Dorothy Mende & Bernice Skach, sisters of Charlotte Mally
 Ron & Paulette Mohr, uncle & aunt of Kim Ferris & Karen Wagner
 Maryann Ostrem, friend of Arlene Kraus
 Marilyn Paolisso, aunt of Bruce Kerlin
 David Reilly, cousin of Randy Cichon
 Geri Rogers, sister of Pat Kolze
 Blanche Schug
 Sherry Stephens, sister of Shirley Ann Kolze
 Al & Jane Undrys, friends of Sandy & Melissa Gumm
 Fran Werner, sister-in-law of Sharon Florey

SERVING CHRIST IN WORSHIP

Greeters for April :

12: Arlene Kraus
19: Jim & Shirley Schimka
26: Bill & Roseann Stenzel

Nursery Attendant for April: Holly Chvoy

Usher Captain for April: Ralph Hayford

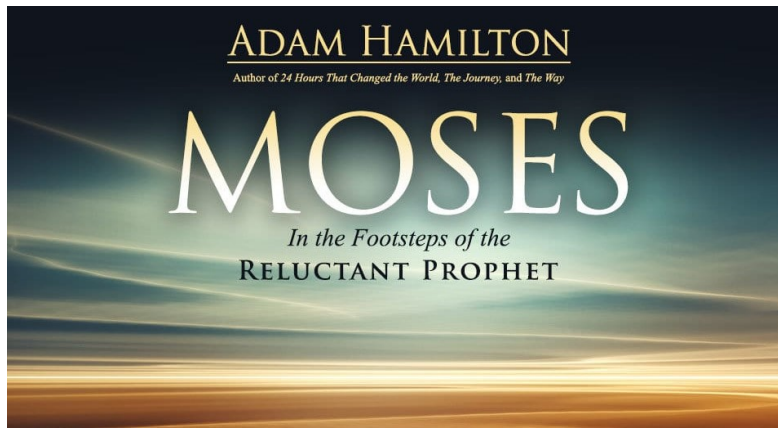
Lectionary Readers for April:

12: David Russell
19: Sandy Gumm
26: Tom Donat

Lectionary for April:

5: Psalm 118:1-2,19-29; Matt 21:1-11, Isa 50:4-9a; Psalm 31:9-16; Phil 2:5-11; Matt 26:14-27:66; Matt 27:11-54.
9: Ex 12:1-15; Psalm 116:1-2,12-19; 1 Cor 11:23-26; John 13:1-17,31b-35.
10: Isa 52:13-53:12; Psalm 22; Heb 10:26-25; Heb 4:14-16,5:7-9; John 18:1-19:42.
11: Job 14:1-14; Lam 3:1-9, 19-24; Psalm 31:1-4, 15-16; 1 Peter 4:1-8; Matt 27:57-66; John 19:38-42.
12: Acts 10:34-43; Jer 31:1-6; Psalm 118:1-2,14-24; Col 3:1-4; Acts 10:34-43; John 20:1-18; Matt 28:1-10.
19: Psalm 16; Acts 2:1-14a,22-32; 1 Peter 1:3-9; John 20:19-31.
26: Acts 2:14a, 36-41; Psalm 116:1-4,12-19; 1 Peter 1:17-23; Luke 24:13-35





ADULT CHRISTIAN EDUCATION SERIES

“Moses: In the Footsteps of the Reluctant Prophet”

A DVD-based curriculum by Adam Hamilton

Led by Pastor David, we will explore major parts of the life of Moses through a filmed-on-location DVD and group discussion. 7-8pm in the main level conference room. RSVP requested.

Monday April 20th 7-8pm *The Birth of Moses*

Monday April 27th 7-8pm *Two Moments That Defined the Man*

Monday May 4th 7-8pm *The Exodus*

Monday May 11th 7-8pm *The Ten Commandments*

Monday May 18th 7-8pm *Lessons from the Wilderness*

Wednesday May 27th 7-8pm *Don't Forget....Pass It On*



The St. Paul Women's Fellowship 4th Annual Tea Party has been postponed until further notice. We will let you know as soon as we can if it will be rescheduled or postponed until next year. Thank you.

HOW TO DEAL WITH STRESS AND ANXIETY

HOW TO DEAL WITH STRESS AND ANXIETY

BODY MIND



Limit alcohol and caffeine.

Alcohol and caffeine can aggravate anxiety and trigger panic attacks. Instead, drink water.



Eat well-balanced meals.

Do not skip any meals and always keep healthy, energy-boosting snacks on hand.



Get enough sleep.

When stressed, your body needs additional sleep and rest. It's important to get 8 hours of sleep per night!



Exercise daily.

Exercising can help you feel good and maintain your health



Accept that you cannot control everything.

Put your stress in perspective: Is it really as bad as you think?



Do your best.

Instead of aiming for perfection, which isn't possible, be proud of however close you get.



Maintain a positive attitude.

Make an effort to replace negative thoughts with positive ones



Learn what triggers your anxiety.

Is it work, family, school, or something else you can identify? Write in a journal when you're feeling stressed or anxious, and look for a pattern.



For more mental health information and resources visit:
www.mentalhealthamerica.net



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As I write this, the kids and I have just finished our first face to face Sunday School class using Zoom. It was a challenge, we did it!! If you are bored, you can join us next Sunday at 10:00 when we will attempt to do Sunday School over the computer once again. If you would like to join us, please send your email address so that I can add you to our classroom. I think that the more we can see each other, and talk to each other, the easier and less scary this will be for everyone. So, if you have the patience for it, don't hesitate to join us.

To say that this Lenten season is strange and unfamiliar would be an understatement. Yet, the Lenten season is meant for us to take time out. It is meant for us to consider our faith. It is a time for examining what makes us stronger because of Jesus' presence in our lives. With this in mind, I have included two versions of the same scripture reading from the book of Romans. It is a passage that deals with hope.

New Revised Standard Version of the Bible: Romans 5:1-5 *Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we¹ also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.*

The Message: Romans 5:1-5 *By entering through faith into what God has always wanted to do for us—set us right with him, make us fit for him—we have it all together with God because of our Master Jesus. And that's not all: We throw open our doors to God and discover at the same moment that he has already thrown open his door to us. We find ourselves standing where we always hoped we might stand—out in the wide-open spaces of God's grace and glory, standing tall and shouting our praise. There's more to come: We continue to shout our praise even when we're hemmed in with troubles, because we know how troubles can develop passionate patience in us, and how that patience in turn forges the tempered steel of virtue, keeping us alert for whatever God will do next. In alert expectancy such as this, we're never left feeling shortchanged. Quite the contrary—we can't round up enough containers to hold everything God generously pours into our lives through the Holy Spirit!*

May you find a new place in your heart as we struggle through this time together. As we pray for our families, let us also pray for our world. May God bless each and every one of you, In Christ's Love,
Miss Bonnie

Earth Day is April 22nd



Earth Day Every Day

Find all of the Earth Day related words from the list below. The words can be up, down, forward, backward, or diagonal.

L	E	J	E	X	T	I	N	C	T	I	O	N	Q	E	M	R
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I	T	Y	A	Z	R	J	T	O	M	W	Z	Z	I	D	E	C
T	H	V	R	M	O	R	T	I	N	A	Z	W	L	E	L	V
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L	C	E	X	G	K	S	R	A	R	E	K	G	L	R	Y	M
L	O	O	K	Z	S	H	A	V	I	R	P	R	I	E	C	O
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V	D	Y	L	O	T	V	F	L	A	D	Z	G	N	H	T	K
C	L	I	M	A	T	E	L	A	N	D	H	Q	G	Q	H	G

AIR
APRIL
CLEAN
CLIMATE
COMPOST
CONSERVATION
ENERGY

ENVIRONMENT
EXTINCTION
FOREST
GLOBAL
LAND
LITTER
NATURE

OCEAN
OZONE
PEOPLE
PLANET
POLLUTION
RECYCLE
REDUCE

RESOURCES
REUSE
SMOG
TRASH
TREES
WASTE
WATER
WILDLIFE